

Capital Area Service Committee

**OCTOBER 2024**

**MINUTES**

CASC MONTHLY MEETING OPENED AT 2PM

Serenity Prayer Recited

**10<sup>th</sup> Concept:** Any member of a service body can petition that body redress of a personal grievance, without fear of reprisal.

**ROLL CALL**

16/22 Groups Present

**REPORTS**

CHAIR	WRITTEN	JAMES J.
VICE CHAIR	WRITTEN	KIM M.
SECRETARY	WRITTEN	SHAHADAH H.
TREASURER	WRITTEN	CARLA S.
H&I	WRITTEN	KRISTEN S.
OUTREACH	WRITTEN	PHYLLIS M.
ACTIVITIES	VERBAL	RAY K J.
LITERATURE SALES	WRITTEN	ANDREW T.
POLICY	VERBAL	LAVON

**\*VACANT POSITIONS – PR, RCM, CONV., BOT, FINANCIAL STANDING & WEB**

**OLD BUSINESS**

Brief Discussion regarding Activities Chairperson debt balance.

Brief Discussion regarding Banking Business and adding Vice Chair.

Phyllis M. requested \$30.00, that is allotted to Outreach, for transportation.

## **Verbal Reports:**

### **Lavon C**

**Policy Review** is still planning to host a Policy Review Meeting; Expressed desire to use the Eisenhower Community Center as a possibility, with the hopes that Group Services Representatives (GSRS) attend.

### **Ray K J**

**Activities** used \$600 to host an event Speaker Jam in the Park and returned \$590.00

## **NEW BUSINESS**

Eric G. volunteered to serve as the Regional Committee Member, **RCM**, unanimously.

(Lavon C. Policy Chair read the qualifications; Term is (1) year)

Welcome Eric and we appreciate your service!

## **OPEN FORUM**

H & I Subcommittee would like to meet in the Eisenhower Community Center from 12:30 pm – 1:30 pm, prior to Area Service Committee, 2<sup>nd</sup> Sundays of the month. The committee currently meets on a platform from 12p – 1p.

Policy Review would also like to utilize the Eisenhower Community Center after Area Service Committee Meetings, Sunday 2p – 4p.

Rhae J, returned T-Shirts from the 2017 Convention, along with \$10.00 that may have come from the sale way back in 2017, INTEGRITY. She also suggested that the Committee discuss what to do with those shirts, and that there may be more shirts in storage. The discussion was tabled for a later date.

Thank you all for your support and making this commitment easy!

In Loving Service

Shahadah H, CASC Secretary

10/13/24

Good afternoon everyone thanks for your time and commitment. Me and the new trustee tried to set up a appointment to add vice chairperson, but we all have to have the availability, so as soon as we can will get to that. All so Kim M called me about the meeting list that need some corrections, but will be handled on the next order.

10-13-2024

## CAPITAL AREA LITERATURE

ON 9-5, 2024 WE SOLD \$267.73

WORTH OF LITERATURE. THE

ORDER OF LITERATURE CAME

IN ON 9-12, 2024. THE

BACK ORDERS SHOULD BE

FILLED. THERE WILL BE

ANOTHER ORDER WILL BE

SENT OF IN ONE WEEK.

Love Ann T

Kim M.  
Cory



## Capital Area Service Committee

### VICE - CHAIRPERSON

OCTOBER 2024

# MONTHLY REPORT

Capital Area Meeting list were updated and ordered Since last AREA meeting. I requested a check that stated cost of last order in the amount of \$118.06. however, the MINUTEMAN PRESS we have been using IS CLOSED PERMANENTLY. I took our order to another MINUTEMAN PRESS in Hamilton, NJ. They were happy to fill our order or #400 meeting list. There was a slightly higher increase in cost. Including tax, the increase was \$15.05 additional. I paid the \$15.05 out of pocket and I am seeking reimbursement today.

The MINUTEMAN PRESS INVOICE total \$133.11.

I also spoke to a panel member of H&I and shared a resource with them to use for meeting space when Committee is ready to go back to in-person meetings.

I also reached out to OUTREACH Chairperson who confirmed they would be having their monthly meeting. But stated it wasn't really necessary for AREA VICE to attend. I informed her one of the responsibilities of VICE is to visit each subcommittee once a month to stay informed of their projects and problems.

I am also aware of Activities Subcommittee projects.

As of today, I have not been successful in getting on CASC PNC Bank account as a signer (As per Policy).

I am waiting to here back from our Current Treasurer and AREA CHAIR persons to set a date and get documents bank needs from us in order.

ALWAYS DELIGHTED TO SERVE CASC!!! – KIM M. VICE

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BATCH: 905                        AUTH:                    141258

TOTAL                            \$15.05

KIM MCINTYRE

X-----

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Invoice Date 9/24/2024

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Kimm  
, NJ

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400 Capital Area Meeting List - September 2024 (Job 46527) \$124.84

Invoice Subtotal: \$124.84  
Tax: \$8.27  
Invoice Total: \$133.11  
**Balance Due: \$133.11**

**PAID BY CHECK #**

1196 \$118.06

**PAID BY CREDIT**

Balance \$15.05

Salesperson: Mark Loffredo  
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**Capital Area Service Committee**  
**Secretary Report – October 2024**

**At last months Area Service Meeting, October 13, 2024, I signed a letter that added Kim M., Vice Chair as a signer on the PNC Account, at the behest of Carla S., Treasurer, thereby making Carla S., James J., and Kim M. signers on the account per policy.**

**I'd like to thank Kim M., Vice Chair for reaching out to H & I on my behalf for their report on 10/23/2024, and expediting the same to my attention in a timely manner. And, I will make a good faith effort to ensure that all reports provided are held in safe keeping moving forward.**

**Thank you for allowing me the privilege to serve.**

**Shahadah H.**



 **Capital Area Treasurer Report**   
**October 13, 2024**

Good afternoon, Fellow Members

Literature and donations for the month of September 2024 were **\$213.37** and **\$448.21** respectively for a total deposit of **\$661.58**. Included in this amount was a re-payment made by Elizabeth C. for **\$15.00**.

Listed below is the break-down of groups and committees, and individual members for literature purchases and donations that were made:

\$72.00	Foundation of Hope – m/o
\$45.00	Fresh Start – m/o
\$39.00	Hightstown Group of NA – m/o & cash
\$55.00	Lifeline – m/o & cash
\$48.44	Sign of the Times – m/o
\$88.34	Spiritual Awakening – m/o
\$40.55	A Spiritual Journey – m/o
\$84.25	Trenton Group of NA – cash
\$73.00	Twilight Zone – m/o
\$95.00	We Do Have Hope - m/o
\$5.00	12 Steps of Freedom – m/o
\$15.00	NA Member re-payment (Elizabeth C.) m/o
\$1.00	Miscellaneous

**As indicated above the deposit was \$661.58. a variance of \$1.00 more than what the receipts show.**

Auto payment to Public Storage on October 3, 2024 – \$179.00

Bank Account service charge on October 1, 2024 – \$3.00

There were three checks written:

Check # 1195 – \$30.00 to Phyllis M. (Outreach committee)

Check # 1196 – \$118.06 to Minuteman Press ( meeting lists)

Check # 1197 – \$170.49 to James J. (Zoom account annual payment)

There is one outstanding check #1196.

Our online bank account history as of today, shows a balance of **\$11,943.44**.

(\$1,000.00) – Area’s Prudent Reserve

(\$400.00) – Activity Committee

(\$3,700.00) – Convention Committee

(\$5,100.00) –Total

Our Working Balance as of today is **\$6,843.44**.

A letter has been prepared for the CASC Secretary’s signature to provide to PNC Bank for the Vice Chair, Kim M. to be added as a signer to the CASC bank account. Plans will be made with the Area Chair and myself to schedule an appointment with the bank before the next Area Service meeting.

The audit of the outgoing Treasurer still needs to be scheduled.

In Loving Service,

Carla S., CASC Treasurer





07/15/2024 DEPOSIT XXXXX8788

\$865.66

\$12,325.07

Account Activity

Sunday, October 13, 2024

Business Checking XXXXX Available Balance: \$11,943.44

Account Summary

Available Balance:	\$11,943.44	Interest Paid to Date:	\$0.00
Ledger Balance:	\$11,943.44	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$661.58 09/20/2024
Pending Deposits:	\$0.00	Last Statement Balance:	\$12,125.44 09/30/2024

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	
Address:	PO BOX 649 TRENTON, NJ 08604 - 0649

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
10/03/2024	ACH DEBIT XXXXX2031 PUBLIC STORAGE I RENTAL	\$179.00		\$11,943.44
10/01/2024	SERVICE CHARGE PERIOD ENDING 09/30/2024	\$3.00		\$12,122.44
09/20/2024	DEPOSIT XXXXX0959		\$661.58	\$12,125.44
09/11/2024	CHECK 1197 009730303	\$170.49		\$11,463.86
09/09/2024	CHECK 1195 019133365	\$30.00		\$11,634.35
09/03/2024	SERVICE CHARGE PERIOD ENDING 08/30/2024	\$3.00		\$11,664.35
09/03/2024	ACH DEBIT XXXXX5666 PUBLIC STORAGE I RENTAL	\$179.00		\$11,667.35
08/16/2024	DEPOSIT XXXXX6536		\$1,194.64	\$11,846.35
08/12/2024	CHECK 1194 013899969	\$30.00		\$10,651.71
08/12/2024	CASHED CHECK 1188 050338126	\$18.98		\$10,681.71
08/05/2024	ACH DEBIT XXXXX9075 PUBLIC STORAGE I RENTAL	\$179.00		\$10,700.69
08/01/2024	SERVICE CHARGE PERIOD ENDING 07/31/2024	\$3.00		\$10,879.69
08/01/2024	CHECK 1192 019268970	\$793.04		\$10,882.69
07/29/2024	CHECK 1190 015876200	\$49.34		\$11,675.73
07/16/2024	CHECK 1189 009237688	\$600.00		\$11,725.07

## Capital Area H&I Subcommittee Report – October 2024

The Capital Area H&I Subcommittee meets on the second Sunday of the month at noon on Zoom (ID: 896 0432 7389 no password). October 13, 2024 at 12pm with 11 members in attendance.

The committee currently has 17 active members.

We are currently fulfilling 7 commitments at 3 facilities:

- Princeton House 3rd Sunday at 7pm
- Princeton House 5th Thursday at 8pm
- Princeton House Wing 3 Friday at 8pm
- Princeton House Wing 1 Friday at 8pm
- Salvation Army in Trenton Thursday at 6:00pm
- Salvation Army in Trenton Friday at 6:30pm
- Level Up Recovery Tuesday at 7pm

All commitments are fully staffed with panel leaders and panel members. We currently have no commitment at Trenton Psychiatric Hospital. Byron is trying to reach out to our contact there. We are looking at adding possible commitments at NovaCare and Ann Klein Forensic Center.

We are hoping to organize a learning day and a policy review in the beginning of 2025.

Nickie brought a motion to bring the subcommittee back in person as we have to vote as a body before bringing it to the area. We had 7 people willing to go back in person out of 11. Considering making the time for the subcommittee from 12:30-1:30pm.

I attended the region for H & I yesterday, October 12, 2024. Mike was voted back in by us for Chairperson - he will be attending the region in person in November. The next H&I region is going to be December 14, 2024 at 11am

Denise had to step down from her panel position at Princeton House for the next 8 weeks and is unable to fulfill another commitment at this time.

Our next subcommittee meeting will be November 10, 2024 @ 12pm.

We closed at 12:59pm.

In grateful service,

Kristen S.  
Chairperson  
Capital Area H&I  
609-880-5036  
[kristen.joanne727@gmail.com](mailto:kristen.joanne727@gmail.com)

Capital Area Copy

**OCTOBER CAPITAL AREA REPORT FOR OUTREACH**  
**October 13, 2024**

- **09/03/24** - Outreach attended Tuesday Foundation of Hope Group, 9th step speaker mtg, 19 recovering addicts in person, along w/hybrid
- **09/04/24** - Outreach attended Wednesday 7pm Miracle of Change Group, step three w/speaker, 42 recovering addicts were in attendance
- **09/07/24** - Outreach attended 10am Saturday Promise of Freedom Group, mtg subject was gratitude w/speaker, 23 recovering addicts were in attendance
- **09/07/24** - Outreach attended 4pm Saturday Spiritual Journey Women Group, speaker discussion on step nine working guide, 15 recovering addicts in attendance
- **09/08/24** - Outreach attended Sunday 7pm Twilight Zone Group, ninth step speaker mtg, 26 recovering addicts in attendance
- **09/09/24** - Outreach attended Monday 7pm Step by Step Group & asked if they would start sending a representative to Capital Area
- **09/09/24** - Outreach attended Monday 7:30pm Trenton Group of NA, group read step four out of the basic text, speaker mtg, 11 recovering addicts were in attendance, group needs support
- **09/10/24** - Outreach attended Tuesday 8pm Fresh Start Group, leaving clean discussion, 5 recovering addicts in attendance, group needs support!!
- **09/11/24** - Outreach attended Wednesday 7pm Miracle of Change Group, speaker mtg, 50 recovering addicts in attendance
- **09/11/24** - Outreach attended Wednesday 7:30pm It's All Write Group, discussion mtg, 7 recovering addicts in attendance, needs support
- **09/12/24** - Outreach attended Thursday 6:30pm We Do Have Hope Group, three celebrants shared, food fun fellowship, there were 54 recovering addicts in attendance
- **09/13/24** - Outreach attended Friday 8pm Life Line Group, they read out of Journey Continues: pg 110- Emotional & Spiritual Crisis, discussion, there were 22 recovering addicts in attendance
- **09/15/24** - Outreach attended 7pm Sunday Twilight Zone Group, group read from Guiding Principals: Tradition 9, speaker, 24 recovering addicts in attendance
- **09/16/24** - Outreach attended 6pm Monday Signs of the Time Group, reading was step three out of the It Works How And Why Book, there were 18 recovering addicts in attendance
- **09/16/24** - Outreach attended 7pm Monday Step by Step Group, Tradition Nine was read out of It Works How & Why Book, speaker, there were about 60 recovering addicts in attendance
- **09/17/24** - Outreach attended Tuesday 7pm Foundation of Hope Group, subject of hospitality was read, there were 21 recovering addicts in person, hybrid mtg
- **09/18/24** - Outreach attended Wednesday 11:30 Midday Miracles Group, group read Tradition Two for the Group has but one authority...., 8 recovering addicts in attendance, group needs support
- **09/18/24** - Outreach attended Wednesday 7pm Miracle of Change Group, Step 1 reading w/speaker, 40 recovering addicts in attendance
- **09/19/24** - Outreach attended Thursday 6:30pm We Do Have Hope Group, speaker mtg, 60 recovering addicts in attendance
- **09/20/24** - Outreach attended Friday 8pm Lifeline Group, Just for the Day reading, celebrant/speaker, 22 recovering addicts in attendance

- **09/21/24** - Outreach attended Saturday 10am Promise of Freedom Group, Living Clean reading w/speaker, 26 recovering addicts in attendance
- **09/21/24** - Outreach attended Saturday 4pm Spiritual Journey Women Group, Just For The Day Reading, speaker with 13 recovering addicts in attendance, group needs support
- **09/23/24** - Outreach attended Monday 7pm Step by Step Group, speaker mtg, 50 recovering addicts in attendance
- **09/24/24** - Outreach attended Tuesday 7pm Foundation of Hope Group, speaker mtg, 20 recovering addicts in person plus hybrid
- **09/24/24** - Outreach attended Tuesday 8pm Fresh Start Group, 11 Step w/speaker, 12 recovering addicts in attendance, group needs support
- **09/25/24** - Outreach attended Wednesday 11:30am Midday Miracles, group read the only requirement for membership is a desire to stop using, 12 recovering addicts in attendance, group needs support
- **09/25/24** - Outreach attended Wednesday 7pm Miracle of Change Group, they celebrated their 35th Anniversary, about 100 recovering addicts in attendance
- **09/26/24** - Outreach attended Thursday 6:30pm We Do Have Hope Group, speaker mtg, 52 recovering addicts in attendance
- **09/27/24** - Outreach attended Friday 8pm Lifeline Group, group read out of The Journey Continues, Topic: Aging, 4 recovering addicts in attendance, group needs support
- **09/28/24** - Outreach attended Saturday 10am Promise of Freedom Group, 3rd Step Reading w/speaker, 25 recovering addicts in attendance
- **09/28/24** - Outreach attended Saturday 4pm Spiritual Journey Group, celebrant spoke, food, fun & fellowship, 30 recovering addicts were in attendance
- **09/29/24** - Outreach attended Sunday 7pm Twilight Zone Group, celebrant speaker mtg, 20 recovering addicts in attendance
- **09/30/24** - Outreach attended Monday 6pm Signs of The Times Group; group read Step five out of the It Work How And Why Book, 25 recovering addicts were in attendance
- **09/30/24** - Outreach attended the 7:30pm Monday Trenton Group of NA, group read Step seven out of the Basic Text Book, 9 recovering addicts were in attendance, group needs support

**NOTES:** Steve C was voted unanimously as Vice Chair of Outreach Committee  
We were delighted to have Vice Chair of our Capital Area attend our monthly meeting on 10/05/2024

**Reminder for Capital Area's Meeting List and Website:** [corrections for Capital Area's Meeting List](#)

Monday 5:45 - 6:45 NA FOR EVERYONE that meets at First Presbyterian Church, 320 N Main St-take off list

*in loving service*

*Phyllis M., Chair, Steve C., Vice Chair*

*cc: Mike L - Ruth C - Lourie B - Vivian B - Raie K J*



**NENJAC XXIV  
IN THE SPIRIT OF UNITY  
FUNDRAISING & ENTERTAINMENT  
SUBCOMMITTEE**

**PRESENTS:**

**RELATIONSHIP IN RECOVERY**

**SPEAKER JAM & DANCE**

**TIME: 3pm - 10pm**



**SATURDAY, DEC. 28, 2024**

**AT THE REFORM CHURCH OF HIGHLAND PARK  
19 SOUTH 2nd AVE HIGHLAND PARK, NEW JERSEY  
08904**

**\$10 TICKETS IN ADVANCE, \$15 @ THE DOOR  
(PARKING AVAILABLE IN THE REAR)**

**“DELICIOUS FOOD WILL BE SOLD”**

**Chair: Glenn L.      Vice Chair: Terrince C.  
(862) 944-6863      (848) 391-8474**



LIFELINE GROUP  
OF  
NARCOTICS ANONYMOUS

40<sup>TH</sup> ANNIVERSARY

8:00 pm - 10:00 pm

FRIDAY

**DECEMBER 13, 2024**

2 SPEAKERS

FOOD, FUN & FELLOWSHIP

EAST TRENTON CENTER  
601 N. CLINTON AVE  
TRENTON, NJ