

Capital Area Service Committee

JANUARY 2025

MINUTES

CASC MONTHLY MEETING OPENED AT 2:10PM

Serenity Prayer Recited

1ST Concept Read by Ricky: To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates and maintains services on behalf of NA as a whole.

ROLL CALL

15/20 Groups Present

REPORTS

CHAIR	NO RPORT	JAMES J.
VICE CHAIR	WRITTEN	KIM M.
SECRETARY	NO REPORT	SHAHADAH H.
RCM	WRITTEN	ERIC G.
TREASURER	WRITTEN	CARLA S.
H&I	WRITTEN	KRISTEN S.
OUTREACH	WRITTEN	PHYLLIS M.
ACTIVITIES	NO REPORT	ELIZABETH C.
LITERATURE SALES	VERBAL	JAMEEL S.
POLICY	WRITTEN	LAVON
CONVENTION COMMITTEE	VERBAL	RICKY

***VACANT POSITIONS – PR, FINANCIAL STANDING & WEB**

OLD BUSINESS

Garland B was voted in as BOT Chair (13 yes/2 abstentions).

Carla S, Treasurer, shared and submitted a Review of Area Policy Financial Resources (See in Treasurer Report).

NEW BUSINESS

Discussion was held regarding the purchase of Regional Meeting Lists, and it was determined that more than 100 (@.65) may be needed.

The area welcomed the Cranbury Group of NA, 7:30pm-9pm, St David's Episcopal Church, 90 South Main Street, Cranbury, New Jersey.

OPEN FORUM

Brief Discussion regarding Convention Activities, Upcoming Meetings and what may be in and/or may be in storage.

Meeting Adjourned at 3:30pm with the Serenity Prayer.

In Loving Service

Shahadah H, CASC Secretary



CASC VICE- CHAIRPERSON

JANUARY 2025 REPORT

As you know last month I submitted (2) quotes from minuteman press for meeting list and literature order forms. At time of pickup minuteman press added a \$13.50 sales tax. I am seeking a \$13.50 reimbursement check today. Order was collected.

I also assisted Policy review meeting on January 3RD. Supplies were purchased to conduct our review:

Binders, Highlighters, and ink pens were purchased. \$22.36 was spent at WALMART If body agrees I am also seeking reimbursement for this purchase an Electronic receipt was forwarded to our Treasurer.

Additionally I am also submitting a receipt from Hamilton Public Library for copies made of policy in the amount of 11.20 for (1) copy.

The Twilight Zone group change to Briggs Library 1115 Greenwood Ave. Trenton were also updated on NJ Regional and CASC websites.

Always Happy to serve the Capital Area

KIM M. VICE-CHAIR

CASC RCM Report January

1/10/2025

Good afternoon CASC,

I will be attending the next RSC meeting, to be held after MARLCNA, Saturday 1/25 at 1 PM:

St. David's Episcopal Church 90 S Main Street Cranbury, NJ 08512 (zoom info listed at end of report).

Today 1/12 is the last day to submit meeting list orders to the region. If the Area would like to purchase meeting lists, we will have to decide on the amount today.

Meeting Directory types and cost:

- Meeting Directories with in-person meetings only - 50 cents each for Meeting Directories no Area minimum order
- Meeting Directories with in-person AND virtual meetings – 65 cents each and a minimum order of 100 meeting directories (**We purchased 100 of these in November**)
- Spanish Meeting Directories with in-person meeting only – 60 cents each no Area minimum order

If the Area would like to make a donation to the NJRSC, that would also have to be decided today. As a reminder, if the Area wanted to donate their “fair share” to account for meeting insurance costs, helpline and website, that amount breaks down to \$90.99 per NJRSC.

MARLCNA XL is being held **January 17-19, 2025**. I will be attending and have already secured my room and registration as rates for both increased after 12/17/24. I will bring receipts to the February CASC to request reimbursement.

In service,

Eric G

- <https://www.marscna.org/marlcna/MARLCNAXLRegistration.pdf>
- <https://www.marscna.org/marlcna-registration/>
- <https://www.wyndhamresortlancaster.com/>

Region will be held on the Zoom platform and in-person on January 25, 2024 at 1pm

St. David's Episcopal Church

90 S Main Street

Cranbury, NJ 08512

ZOOM INFO

Meeting ID: 991 0567 5027

Password: njrsc

Dial by your location: 646-558-8656

Meeting ID: 991 0567 5027

Password: 424510

 **Capital Area Treasurer Report** 

January 12, 2025

Good afternoon, For December 2024, literature and donations were **\$318.97** and **\$1,295.68** respectively for a **total deposit \$ 1,614.65**. Listed below is the breakdown of groups and committees for literature purchases and donations:

\$ 194.00 – Hightstown Group of NA – m/o
\$ 25.00 – Lifeline – cash
\$ 125.50 – Midday Miracles – m/o
\$ 99.00 – Miracles of Change – m/o
\$ 41.00 – Promise is Freedom – m/o
\$ 35.65 – Spiritual Journey – m/o
\$ 14.00 – Step by Step – cash
\$ 38.00 – Truth be Told – m/o
\$ 65.00 – Trenton Group of NA – cash
\$ 52.00 – Twilight Zone – m/o
\$ 93.00 – We Do Have Hope - m/o
\$ 20.00 – 12 Steps of Freedom – m/o
\$ 5.00 – NA member – cash
\$ 804.00 – Activities Committee – m/o

Auto payment to Public Storage 1/3/25 - \$ 179.00.

There were three checks written:

Check # 1203 - \$78.87 – Minuteman Press and was cashed on 12/19/24

Check # 1204 - \$124.84 – Minuteman Press and was cashed on 12/19/24

Check # 1205 - \$ 30.00 – Phyllis M. For Outreach Committee and was cashed on 12/9/24

Check # 1207 - \$ 500.00 – James J. for Activities Committee and was cashed on 12/16/24

There are no outstanding checks.

Our recent bank account history from online as of today, show beginning balance as of **\$14,287.47**

(\$ 1,000.00) – Area’s Prudent Reserve

(\$ 500.00) – Activity Committee

(\$ 3,700.00) – Convention Committee

(\$ 5,200.00) –Total

Our Working Balance as of today is **\$ 9,087.47**

Zelle has been added to the bank account using the Area gmail address to make transfers. The email address is njcasc18@gmail.com.

An Audit of outgoing treasurer still needs to be scheduled and conducted for time period of April 2024 to July 2024, which still needs to be scheduled.

I reviewed the CASC approved policies dated November 2022 and prepared a report of references to finances, which will be available for review by any NA member and discussed at today’s Area Service meeting.

In Loving Service,

Carla S., Area Treasurer

Business Checking XXXXXX Available Balance: **\$12,781.82**

Account Summary

Available Balance:	\$12,781.82	Interest Paid to Date:	\$0.00
Ledger Balance:	\$12,672.82	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$1,614.65 01/11/2025
Pending Deposits:	\$1,614.65	Last Statement Balance:	\$12,851.82 12/31/2024

Account Details

total balance 14,287.47

Nickname: None
 Type: Business Checking
 Text Banking Nickname: ~~XXXX~~
 Address: PO BOX 649
 TRENTON, NJ 08604 - 0649

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
01/13/2025	TELLER DEPOSIT		\$1,614.65

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
01/03/2025	ACH DEBIT XXXXX2581 PUBLIC STORAGE I RENTAL	\$179.00		\$12,672.82
12/19/2024	CHECK 1204 011592697	\$124.84		\$12,851.82
12/19/2024	CHECK 1203 011592686	\$78.87		\$12,976.66
12/16/2024	CHECK 1207 019553095	\$500.00		\$13,055.53
12/09/2024	CHECK 1205 015945672	\$30.00		\$13,555.53
12/06/2024	DEPOSIT XXXXX3551		\$1,027.15	\$13,585.53
12/03/2024	ACH DEBIT XXXXX6760 PUBLIC STORAGE I RENTAL	\$179.00		\$12,558.38
12/02/2024	SERVICE CHARGE PERIOD ENDING 11/29/2024	\$3.00		\$12,737.38
11/18/2024	CHECK 1201 015355456	\$65.00		\$12,740.38
11/14/2024	CHECK 1202 013383975	\$600.00		\$12,805.38
11/12/2024	CHECK 1200 011651067	\$30.00		\$13,405.38
11/07/2024	CHECK 1196 009908461	\$118.06		\$13,435.38
11/05/2024	ACH DEBIT XXXXX4229 PUBLIC STORAGE I RENTAL	\$179.00		\$13,553.44
11/01/2024	SERVICE CHARGE PERIOD ENDING 10/31/2024	\$3.00		\$13,732.44
10/29/2024	DEPOSIT XXXXX8743		\$1,837.05	\$13,735.44
10/24/2024	CASHED CHECK 1198 046562827	\$15.05		\$11,898.39

CAPITAL AREA LITERATURE AND DONATION FORM

DATE: 1/12/2025	LITERATURE	DONATION	TOTAL	DESCRIPTION
GROUPS				
BORDENTOWN GROUP				
DO OR DIE				
EARLY MORNING RECOVERY				
EARLY MORNING RISERS				
FOUNDATION OF HOPE				
FREEDOM AIN'T FREE				
FRESH START				
HAMILTON STEP BY STEP				
HIGHTSTOWN GROUP OF NA	\$18.00	\$176.00	\$194.00	m/o
IT'S ALRIGHT GROUP				
LIFELINE	\$13.20	\$11.80	\$25.00	cash
MIDDAY MIRACLES	\$39.35	\$86.15	\$125.50	m/o
MIRACLE OF CHANGE	\$65.40	\$33.60	\$99.00	m/o
NA FOR EVERYONE				
NEW WAY OF LIFE				
ONE DISEASE ONE PROGRAM				
ONE STEP AT A TIME				
OPEN BOOK OPE MIND				
OUT OF THE ASHES				
RECOVERING WOMEN				
PROMISE IS FREEDOM	\$18.05	\$22.95	\$41.00	m/o
SIGNS OF THE TIMES				
SPIRITUAL AWAKENING				
SPIRITUAL JOURNEY		\$35.65	\$35.65	m/o
STEP BY STEP	\$13.20	\$0.80	\$14.00	cash
STOP AND SURRENDER				
THE ONLY REQUIREMENT				
THE PROMISE OF FREEDOM				
TRUTH BE TOLD	21.9	\$16.10	\$38.00	m/o
TOGETHER WE CAN				
TRENTON GROUP OF NA	\$44.32	\$20.68	\$65.00	cash
TWILIGHT ZONE	\$14.75	\$37.25	\$52.00	m/o
WE DO HAVE HOPE	\$62.90	\$30.10	\$93.00	m/o
WHO'S AN ADDICT				
12 STEPS OF FREEDOM	\$3.50	\$20.00	\$23.50	m/o
NA MEMBER	\$4.40	\$0.60	\$5.00	cash
ACTIVITIES COMMITTEE		\$804.00	\$804.00	m/o \$610 bal
	\$318.97	\$1,295.68	\$1,614.65	\$194 donation

Review of Area Policy for financial references

Pg 11 FINANCIAL GUIDELINES

- 1. Rent
- 2. Administrative Expenses – Secretary \$100. Monthly
- 3. H & I – Literature \$300. Monthly
- 4. Public Relations \$200. Annually
- 6. Activities Committee \$1000. Operating Budget
- 8. Regional Helpline Monies allocated monthly
- 9. Prudent Reserve Operating Expenses for one month

ALL MONEY LEFT IN THE TREASURY AFTER AREA PRIORITIES AND PRUDENT RESERVE ARE FULFILLED SHOULD BE FORWARDED TO THE REGIONAL SERVICE CONFERENCE/WORLD SERVICE OFFICE IN A 70%/30% SPLIT.

Pg 20 TREASURER

If the CASC has more than a \$1,000. Balance after expenses, not including our prudent reserve our area will make a donation to NJRS. The donation will be the amount above \$1,000. but not to exceed \$100. per month.

Pg 22 REGIONAL COMMITTEE MEMBER

Area pays for attendance of RCM at MARLCNA with a two day stay and registration and upon return, can submit expenses via motion for other expenses.

Pg 31 LITERATURE SALES

Maintain a spending limit of \$800. each month to purchase literature

Pg 36 WEBSITE

Annual budget of \$180. for hosting site, domain name and flyers

Capital Area H&I Subcommittee Report – January 2025

I apologize that I cannot be present for this subcommittee meeting, but I thank Eric for stepping up!

The Capital Area H&I Subcommittee meets on the second Sunday of the month at noon on Zoom (ID: 896 0432 7389 no password).

The committee currently has 17 active members.
We are currently fulfilling 8 commitments at 3 facilities:

- Princeton House 3rd Sunday at 7pm
- Princeton House 5th Thursday at 8pm
- Princeton House Wing 3 Friday at 8pm
- Princeton House Wing 1 Friday at 8pm
- Princeton House Wing 1 5th Sunday of the month at 7pm
- Salvation Army in Trenton Thursday at 6:00pm
- Salvation Army in Trenton Friday at 6:30pm
- Level Up Recovery Tuesday at 7pm

All commitments are fully staffed with panel leaders and panel members.

We are holding a policy meeting February 1st, 2025, at 3pm at the Dunkin Donuts on Route 130 near Hightstown. (395 US 130, East Windsor, New Jersey 08520) All are welcome!

We are still waiting to find out if we can bring the subcommittee back in person but will continue to hold our subcommittee and conduct our business on the Zoom platform until we can solidify other arrangements.

In grateful service,

Kristen S.
Chairperson
Capital Area H&I
609-880-5036
kristen.joanne727@gmail.com

POLICY CHAIR REPORT

This policy report for this month.

We have been meeting every week at 3525 Quakerbridge Road, Suite 903, on Friday at 5:00 pm for the annual policy review meeting. We have had little participation, but we have been moving forward. We will continue to meet every Friday of this month until it's done

I'm sorry I won't be able to be there because of a family crisis.

Sincerely yours,

Lavon C
Policy chair

JANUARY CAPITAL AREA REPORT FOR OUTREACH
Janury 12,2025

- 12/06/24 - Outreach attended Friday 8pm Lifeline Group, celebrant shared 37yrs clean, 30 recovering addicts in attendance
- 12/07/24 - Outreach attended Saturday 10am Promise of Freedom Group, Just For Today discussion w/speaker, 30 recovering addicts in attendance
- 12/08/24 - Outreach attended Sunday 7pm Twilight Zone Group, step 12 read w/speaker, 25 recovering addicts in attendance
- 12/11/24 - Outreach attended Wednesday 7pm Miracle of Change Group, speaker mtg, member celebrated 17 yrs, 40 recovering addicts in attendance
- 12/13/24 - Outreach attended Friday 6:30pm Together We Can Group, Just for Today mtg, 5 recovering addicts in attendance, virtual mtg
- 12/13/24 - Outreach attended Friday 8pm Lifeline Group 40th year Anniversary, food, fun & fellowship, 70 recovering addicts in attendance
- 12/14/24 - Outreach attended Saturday 10am Promise of Freedom Group, speaker mtg, home group member celebrated 31yrs, 30 recovering addicts in attendance
- 12/15/24 - Outreach attended Sunday 7pm Twilight Zone Group, speaker mtg, home group member celebrated 25yrs, 30 recovering addicts in attendance
- 12/18/24 - Outreach attended Wednesday 11:30am Midday Miracles Group, topic: Recovery Must Come First, 10 recovering addicts in attendance
- 12/18/24 - Outreach attended Wednesday 7pm Miracle of Change Group, Step 1read, speaker mtg, 50 recovering addicts in attendance
- 12/18/24 - Outreach attended Wednesday 7:30pm It's All Write Group, step writing & sharing, 10 recovering addicts in attendance
- 12/19/24 - Outreach attended Thursday 6:30pm We Do Have Hope Group, speaker mtg, 58 recovering addicts in attendance
- 12/20/24 - Outreach attended Friday 6:30pm Together We Can Group, Just For Today speaker mtg, 5 recovering addicts in attendance
- 12/21/24 - Outreach attended Saturday 10am Promise of Freedom Group, speaker discussion mtg out of the living clean journey continues, 15 recovering addicts in attendance
- 12/23/24 - Outreach attended Monday 6pm Signs of the Times Group, 5th step read out of It Works How and Why, 30 recovering addicts in attendance
- 12/24/24 - Outreach attended Tuesday 11:30am Midday Miracles Group, speaker mtg, 10 recovering addicts in attendance
- 12/24/24 - Outreach attended Tuesday 7pm Foundation of Hope Group, speaker discussion on Just for Today, 11 recovering addicts in attendance plus vidual
- 12/26/24 - Outreach attended Thursday 11:30 Midday Miracles Group, Spiritual Principal of a Day discussion mtg, 14 recovering addicts in attendance
- 12/27/24- Outreach attended Friday night Policy & Procedures revision meeting
- 12/28/24 - Outreach attended Saturday 10am Promise of Freedom Group, step 3 discussion w/speaker, 22 recovering addicts in attendance
- 12/28/24 - Outreach attended Saturday 4pm Spiritual Journey Women Group, Way We Stay read out of living clean, the journey continues, speaker, 10 recovering addicts in attendance
- 12/29/24 - Outreach attended Sunday 7pm Twilight Zone Group, Just For Today was read, speaker, 31 recovering addicts in attendance
- 01/02/25 - Outreach attended Thursday 6:30pm We Do Have Group, speaker mtg, group member celebrated 18yrs, food, fun & fellowship, 83 recovering addicts in attendance
- 01/03/25 - Outreach attended Friday 5pm mtg for Capital Area's Policy Guidelines revisions
- 01/03/25 - Outreach attended Friday 7:30pm Bordentown Group of NA, speaker mtg, group member celebrated 40yrs,15 recovering addicts in attendance
- 01/03/25 - Outreach attended Friday 8pm Lifeline Group, speaker mtg, 3 group members celebrated, 2 = 35yrs & 1 = 19yrs, food, fun, fellowship, 45 recovering addicts in attendance

- 01/04/25 - Outreach attended Saturday 10am Promise of Freedom Group, speaker mtg on Gratitude, 20 recovering addicts in attendance
- 01/05/25 - Outreach attended Sunday 7pm Twilight Zone Group, speaker mtg, Walking the Walk was read from the Journey Continues, 24 recovering addicts in attendance
- 01/07/25 - Outreach attended Tuesday 8pm Fresh Start Group, speaker on Experience, Strength & Hope, 7 recovering addicts in attendance
- 01/08/25 - Outreach attended Wednesday 7pm Miracles of Change Group, Step 3 discussion mtg with speaker, 60 recovering addicts in attendance
- 01/09/25 - Outreach attended Thursday We Do Have Hope Group, speaker mtg, 51 recovering addicts in attendance
- 01/10/25 - Outreach attended Friday 8pm Lifeline Group, speaker mtg, 2 celebrants 32 & 34 years, 68 recovering addicts in attendance
- 01/11/25 - Outreach attended Saturday 10am Promise of Freedom Group, Basic Text discussion, 35 recovering addicts in attendance
- 01/11/25 - Outreach attended Saturday 4pm Spiritual Journey Womens' Group, speaker mtg, 15 recovering addicts in attendance

in loving service

Phyllis M., Chair, Steve C., Vice Chair

cc: Mike L - Ruth C - Vivian B

OUTREACH NEEDS SUPPORT

January 13, 2025.

Trenton Group of NA

**NEW MEETING
PLACE**

260 North Willow St.,
Trenton, New Jersey
08618

**High-rise apartment
building, community
room.**

**Parking is available
on the side street.**

Starting time: 7:30^{pm}



TWILIGHT ZONE GROUP

OF
NARCOTICS ANONYMOUS

36TH ANNIVERSARY

7:00 pm - 9:00 pm

Doors open at 6:30pm

SUNDAY

JANUARY 26, 2025

3 SPEAKERS

FOOD, FUN & FELLOWSHIP

1115 Greenwood Ave.
TRENTON, NJ

**NENJAC XXIV
IN THE SPIRIT OF UNITY
FUNDRAISING & ENTERTAINMENT
SUBCOMMITTEE**

PRESENT:

**INVITE A NEW COMER NIGHT
OUT CONVENTION REGISTRATION DRIVE
SPEAKER JAM, DANCE,
GAMES, FOOD, FUN & FELLOWSHIP.**



(R)

REGISTRATION WILL BE:

\$20 FOR THAT DAY

\$15 FOR (2) TICKETS & \$20 AT THE DOOR.

SATURDAY, FEBRUARY 22, 2025

TIME: 3pm - 10pm

AT THE:

SYCAMORE SENIOR CENTER

290 OLD ROAD

PORT READING, NJ 07001

F & E CHAIR - GLEN L. (862)944-6863

F & E VICE CHAIR - TERRINCE C. (848)391-8474



NENJAC

IN THE SPIRIT OF UNITY XXIV

CONVENTION REGISTRATION FORM

October 31-November 1&2 2025

<p>DELTA HOTELS WOODBRIDGE 515 US HIGHWAY 1 SOUTH ISELIN, NEW JERSEY 08830 732-634-3600</p> <p>Room Rates: Single/Double- \$159.00 per night Please call 1-888-236-2427 When calling for reservations, please mention you are with NENJAC or NA</p>	<p><u>COMMITTEE CHAIRS:</u></p> <p>Convention Chair: Shelley J. 908-220-0584 Convention Secretary: Wanda B. 732-532-7486 Registration: Donna L. 352-672-1060 Convention Information: Keith Y. 908-937-0127 Programming: William B. 732-921-5929 Fundraising & Entertainment: Glen L. 862-944-6863 Hotel & Hospitality: Khalidah Q. 908-344-7897 Merchandising: Open Arts & Graphics: Open</p>
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WHY REGISTRATION IS IMPORTANT

The money that is collected by registration is used to pay for all Convention related expenses. The funds collected make this event possible. Additionally, the funds collected are used for the planning of present and future Conventions. Funds not needed for the Convention will be donated to serve our primary purpose to carry the message to the addict who still suffers. It is a donation that helps to make the Convention a success.

MAIL COMPLETED FORM AND PAYMENT TO:
NENJAC P. O. BOX 409 ROSELLE, NJ 07203

Or Zelle: NENJAC2024@GMAIL.COM

Make check or money order payable to: NENJAC. No personal checks will be accepted after October 1, 2025

PLEASE PRINT CLEARLY

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____

Zip: _____ Phone: _____ E-mail (optional): _____

Registration must be mailed in by October 1, 2025

	<u>Pre-Registration</u> Until 12/01/24	<u>Registration</u> Until 10/30/25	<u>At Door</u>	<u># of Tickets</u>
Registration	\$20.00	\$25.00	\$40.00	
Friday Dance*	10.00	10.00	10.00	
Saturday Dance	10.00	10.00	10.00	
Saturday Banquet	30.00	35.00	40.00	
Spiritual Brunch	25.00	30.00	35.00	
Fashion Show	10.00	10.00	10.00	
Comedy Show	10.00	10.00	10.00	
Full Package Total	115.00	130.00	155.00	

*Friday night dance ticket free when purchasing Full Package.

Newcomer Donation: _____ Check if Vegetarian: _____

Free Limited Edition T-Shirt will be offered for first 50 Full Package Registrations
 (Circle one size) L XL XXL XXXL