

AUGUST 2024 MINUTES

CASC MONTHLY MEETING OPENED A LITTLE AFTER 2PM

Serenity Prayer Recited

8TH Concept Read: Our service structure depends on the integrity and effectiveness of our communications.

ROLL CALL

14/21 Groups Present (4 Groups Folded)

REPORTS

CHAIR	VERBAL	JAMES J.
VICE CHAIR	WRITTEN	KIM M.
SECRETARY	WRITTEN	SHAHADAH H.
TREASURER	WRITTEN	CARLA S.
H&I	WRITTEN	KRISTEN S.
OUTREACH	WRITTEN	PHYLLIS M.
ACTIVITIES	VERBAL	ELIZABETH C.
LITERATURE SALES	WRITTEN	ANDREW T.
POLICY	VERBAL	LAVON

*VACANT POSITIONS – PR, RCM, CONV., BOT, FINANCIAL STANDING & WEB

OLD BUSINESS

Elizabeth C. paid \$15.00 of \$60.00 with a balance remaining of \$45.00 (approximately)

Kim M., Vice Chair, will be added to the Change of Signature Document at the Bank
A date for an audit will be set (the discussion was tabled related to location)
Phyllis M. requested \$30.00. that is allotted to Outreach, for transportation.

NEW BUSINESS

Jaleel S. presented himself very well, with written resume, and was voted in as Assistant
Literature Sales.

Capital Area Meeting Lists will be ordered

Policy Review will host an upcoming Meeting; Date and Location to be announced

Welcomed the New Group; It's Awrite Group, located at Grace St. Paul's Church, 3715 E. State
Street, Hamilton, NJ on Wednesdays at 7:30p

OPEN FORUM

H & I Subcommittee posed questions that were tabled for discussion

Brief Discussion regarding folded meetings;

Discussion regarding groups that do not attend and/or report to area; and, if not, should they be
on the area meeting lists. It was determined that more discussion would take place, relatedly.

In Loving Service

Shahadah H, CASC Secretary

James ARBA Report 8/14/24

Good afternoon everyone. glad you all could make it out. I still have to try to get the wifi-passwords for the new computer that was purchased for ARBA

Also I have not had the chance to set up a

Appointment to get the the names changed

on the Bank Account, have to get with you and

post tickets to see their availability. I don't

know when this air will be fixed, but it was

brought to my attention that maybe we

could ask for another meeting place until

they figure something out. I will be more

up to date by next ARBA meeting. Thanks for

letting me serve!!!

CASC - Vice chairperson August 2024 REPORT

From: Kim McIntyre (kimm.casc@gmail.com)

To: jackieh246@yahoo.com

Date: Monday, August 12, 2024 at 08:32 AM EDT

I did get an opportunity to Re-Familiarize myself with the Vice-chair person qualifications and duties since our last meeting.

I also Re-Ordered Capital Area Service Literature forms. Given to Lit. Sales chair Andre T. today #100 ordered Minuteman press invoice for order was given to treasurer.

One of my responsibilities as VICE is to visit Subcommittees once a month to stay informed about there projects and problems. I have already spoke to Outreach and Activity chairs and will report details of the conversations in my next report. I was also in touch with H&I chair Kristen. I sent her contact info.

In Loving Service Kim.....

CAPITAL AREA SERVICE – AUGUST 2024 – SECRETARY REPORT

Casc did an Awesome job bouncing back from the pandemic.

I'm grateful to this body for allowing me to express my gratitude through my service effort's here.

Welcome to our newly elected Secretary.

I was able to retrieve past (6) month's of our Minutes to turn over to our new secretary in a effort to bring her up to speed. Also turned over GSR email address, copy of her duties from our current policy. And I will be forwarding a copy of our current policy along with Motion forms and our Roll-Call sheet.

Shahadah Email Address is:
jackieh246@yahoo.com

Also I forgot to add my name to the list of newly elected officers in this month's minutes. I was elected CASC Vice-Chairperson position.

See everyone at AREA SERVICE!!!

DELIGHTED TO SERVE THE CAPITAL AREA.....

KIM M.

I wanted to take the initiative to thank the Capital Area Service Committee for allowing me the privilege to serve, and to especially thank Kim M. and Rhae J. for their support and guidance, related to the new role of Secretary.

Received the past (6) months of the CASC Minutes, along with the General Service Representatives email addresses, policy, motion forms and Roll-Call Sheet from Kim M.

Signed a letter dated 7/14/2024, crafted by Rhae J to the attention of PNC

Bank Representative, for the purposes of removing Rhae J. and Dawn S. as signers of the account. Thereby, making Carla M. and James J., current signers of the account. Vice Chairperson is noted "Vacant until someone is elected".

May have neglected to add H&I Service Minutes(?). I reach out via email to determine the same, and if so, I apologize and will make a good forth effort to ensure that the H&I Report is added to next month's meetings.

Thank you for allowing me the privilege to serve.

Shahadah H.



Jacqueline Hutchinson, CASC Secretary

Sincerely,

Thank you for your time in this matter, feel free to email the above address with any questions or concerns.

Somma who is no longer Vice-Chairperson.

It was also affirmed that **Rhae L. Johnson** will be removed as a signer from this account as well as **Dawn**

Treasurer: **Carla M. Shabazz**

Vice Chairperson: **Vacant until someone is elected**

Chairperson: **James Jackson**

officers will be the signers for the Capital Area Service Conference account.

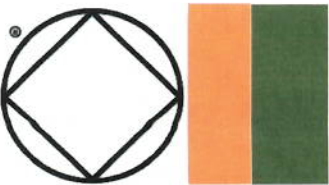
At our Capital Area Service Conference meeting held on July 14, 2024 it was affirmed that the following

Attention: PNC Bank Representative

RE: Account No. 81-1524-6066

Date: July 14, 2024

CAPITAL AREA SERVICE CONFERENCE
PO BOX 649 Trenton, New Jersey 08604-0649
Email: NJCASC18@gmail.com



Good afternoon, Fellow Members,

Literature and donations for the month of July 2024 was \$260.19 and 605.47 for a total deposit \$ 865.66. Listed below is the breakdown of groups and committees for literature purchases and donations:

- \$ 48.00 – Foundation of Hope – m/o
- \$ 16.00 – Freedom Ain't Free – cash
- \$ 30.00 – Fresh Start – m/o
- \$ 132.00 - Lifeline - cash
- \$ 26.00 – Midday Miracles – m/o
- \$ 85.00 – Promise is Freedom – m/o
- \$ 85.16 – Spiritual Awakening – cash
- \$ 58.50 – Spiritual Journey - cash
- \$ 74.00 – Trenton Group of NA – cash
- \$ 82.00 – Twilight Zone – m/o
- \$ 210.00 - We Do Have Hope - m/o
- \$ 19.00 – Who's An Addict – cash

Auto payment to Public Storage 8/5/24 - \$ 179.00.

There were three checks written to Raie K.J. and Kim M.

Check # 1188 - \$ 18.19 - Kim M. – reimbursement for minutes scanning (outstanding)

Check # 1189 - \$ 600.00 - Raie K.J. – Activity partial budget for function.

Check # 1190 - \$ 49.34 - Minuteman Press – Meeting List Literature Order *FRMS*

Check # 1191 - \$ 793.04 - Narcotics Anonymous – US - Literature

Our recent bank account history from online as of today, show beginning balance as of \$10,700.69

- (\$ 1,000.00) – Area's Prudent Reserve
- (\$ 400.00) – Activity Committee
- (\$ 3,700.00) – Convention Committee
- (\$ 5,100.00) – Total

There is one outstanding check (#1188 - \$18.19)

Our Working Balance as of today is \$ 5,600.69

The CASC treasurer changed to Carla S. at July 2024 Area Service meeting. Rhae J. provided all documents and materials to me and provided training regarding the Area Treasurer position. I thank her for her service to the Capital Area.

At the time of this report the bank account signatures have not been changed and Rhae J. is still an authorized signature. Plans will be made with the Area Chair James J. to make the change by September's meeting. There have been changes made for Carla S. to access the Public Storage account online, however the account holder is still listed as Marie R.

Rhae J. provided information regarding the State of NJ -- Department of Treasury for Annual Report filing which is due in April 2025.

Audit of outgoing treasurer to be scheduled and conducted for time period of April 2024 to July 2024.

In Loving Service,
Carla S., Area Treasurer

CAPITAL AREA LITERATURE AND DONATION FORM

DATE:	LITERATURE	DONATION	TOTAL	DESCRIPTION
				GROUPS
				BORDTOWN GROUP
				DO OR DIE
				EARLY MORNING RECOVERY
				EARLY MORNING RISERS
	\$3.00	\$45.00	\$48.00	FOUNDATION OF HOPE m/o
		\$16.00	\$16.00	FREEDOM AIN'T FREE cash
		\$30.00	\$30.00	FRESH START m/o
				HIGHSTOWN GROUP OF NA
				HOPE WITHOUT DOPE
				HOW ARE YOU LIVING
	\$51.90	\$80.10	\$132.00	LIFELINE cash
	\$4.40	\$21.60	\$26.00	MIDDAY MIRACLES m/o
				MIRACLE OF CHANGE
				NA FOR EVERYONE
				NEW WAY OF LIFE
				ONE DISEASE ONE PROGRAM
				ONE STEP AT A TIME
				OPEN BOOK OPEN MIND
				OUT OF THE ASHES
				RECOVERING WOMEN
	\$34.25	\$50.75	\$85.00	PROMISE IS FREEDOM m/o
				SIGNS OF THE TIMES
	\$4.40	\$80.76	\$85.16	SPIRITUAL AWAKENING cash
	\$58.50		\$58.50	SPIRITUAL JOURNEY cash
				STEPPING INTO RECOVERY
				STOP AND SURRENDER
				THE ONLY REQUIREMENT
				THE PROMISE OF FREEDOM
				TRUTH BE TOLD
				TOGETHER WE CAN
	\$74.00	\$74.00	\$74.00	TRENTON GROUP OF NA cash
	\$45.04	\$36.96	\$82.00	TWILIGHT ZONE m/o
	\$58.70	\$151.30	\$210.00	WE DO HAVE HOPE m/o
		\$19.00	\$19.00	WHO'S AN ADDICT cash
				12 STEPS OF FREEDOM
	\$260.19	\$605.47	\$865.66	NA MEMBER
				7TH TRADITION

Business Checking XXXXXX6066 Available Balance: \$10,700.69

Account Summary

Available Balance:	\$10,700.69	Interest Paid to Date:	\$0.00
Ledger Balance:	\$10,700.69	Interest Paid Last Year:	\$0.00
Pending Withdrawals:	\$0.00	Last Deposit Amount:	\$865.66 07/15/2024
Pending Deposits:	\$0.00	Last Statement Balance:	\$11,675.73 07/31/2024

Account Details

Nickname:	None
Type:	Business Checking
Text Banking Nickname:	6066
Address:	PO BOX 649 TRENTON, NJ 08604 - 0649

Pending Transactions

These transactions have been submitted to us since the last business day and are not yet posted to your account. When they have posted, they will be reflected in your Posted Transactions. Pending items may affect your Available Balance and are not a statement of your account.

Date	Description	Withdrawals	Deposits
You have no pending transactions			

Posted Transactions

Date	Description	Withdrawals	Deposits	Balance
08/05/2024	ACH DEBIT XXXXX9075 PUBLIC STORAGE I RENTAL	\$179.00		\$10,700.69
08/01/2024	SERVICE CHARGE PERIOD ENDING 07/31/2024	\$3.00		\$10,879.69
08/01/2024	CHECK 1192 019268970	\$793.04		\$10,882.69
07/29/2024	CHECK 1190 015876200	\$49.34		\$11,675.73
07/16/2024	CHECK 1189 009237688	\$600.00		\$11,725.07
07/15/2024	DEPOSIT XXXXX8788		\$865.66	\$12,325.07
07/08/2024	ACH WEB XXXXX7833 PUBLIC STORAGE I RENTAL	\$179.00		\$11,459.41
07/01/2024	SERVICE CHARGE PERIOD ENDING 06/28/2024	\$3.00		\$11,638.41
06/24/2024	CASHED CHECK 1187 050069634	\$19.20		\$11,641.41
06/14/2024	CHECK 1185 013164860	\$100.00		\$11,660.61
06/11/2024	ACH WEB XXXXX1369 PUBLIC STORAGE I RENTAL	\$209.60		\$11,760.61
06/10/2024	CHECK 1184 010088462	\$105.86		\$11,970.21
06/10/2024	CHECK 1186 009737286	\$63.00		\$12,076.07
06/10/2024	DEPOSIT XXXXX2856		\$1,108.60	\$12,139.07
06/03/2024	SERVICE CHARGE PERIOD ENDING 05/31/2024	\$3.00		\$11,030.47

05/20/2024	DEPOSIT XXXXX3554		\$11,033.47	
05/16/2024	CHECK 1183 017912649		\$9,481.40	
05/16/2024	CHECK 1182 017912648	\$665.62		
		\$653.93		
			\$1,552.07	
			\$10,135.33	

Re: august 2024 capital area subcommittee report

From: Nicole Zenes (nicolezenes@gmail.com)

To: kristenjoanne727@gmail.com; jackieh246@yahoo.com

Cc: kimm.casc@gmail.com

Date: Tuesday, August 27, 2024 at 12:01 PM EDT

Forwarding the H&I report to Shahadah.

On Sun, Aug 11, 2024 at 12:50 PM kristen shilaber <kristenjoanne727@gmail.com> wrote:
Capital Area H&I Subcommittee Report – August 2024

The Capital Area H&I Subcommittee meets on the second Sunday of the month at noon on Zoom (ID: 896 0432 7389 no password). We met August 11th, 2024 at 12pm with 9 members in attendance.

The committee currently has 17 active members.

We are currently running 7 committees at 3 facilities:

- Princeton House 3rd Sunday at 7pm
- Princeton House 5th Thursday at 8pm
- Princeton House Wing 3 Friday at 8pm
- Princeton House Wing 1 Friday at 8pm
- Salvation Army in Trenton Thursday at 6:00pm
- Salvation Army in Trenton Friday at 6:30pm
- Level Up Recovery Tuesday at 7pm

All commitments are fully staffed with panel leaders and panel members. We currently have no commitment at Trenton Psychiatric Hospital. We do not have committee members able to fulfill the commitment and their format has changed. We are looking at adding possible commitments at NovaCare and Ann Klein Forensic Center.

We are looking for more members to join H and I. Especially men - because we have a few commitments that are men only. James J, brought up a possible facility also requesting a meeting (Vincent's Place) - Byron is going to reach out for info from this facility.

We are hoping to organize a learning day and a policy review in the second half of 2024.

Last month Kristen S. was voted in as Chairperson and Capital Area approved the nomination. Nickie Z serves as Vice Chair and Mimi as Secretary.

Our next subcommittee meeting will be September 8, 2024 @ 12pm

In grateful service,

Kristen S.
Chairperson
Capital Area H&I
609-880-5036
kristenjoanne727@gmail.com

CAPITAL AREA MEETING
SUNDAY AUGUST 11, 2024

At the Capital Area Mtg on 07/14/24 I accepted the commitment of the Outreach Chair Person Position once again

- ◆ 07/14/24 - Outreach attended the 7pm Sunday Twilight Zone Meeting, 20 recovering addicts in attendance
- ◆ 07/15/24 - Outreach attended the 7:30pm Monday Trenton Group of NA, 38 recovering addicts in attendance
- ◆ 07/16/24 - Outreach attended the 11:30 Mid Day Miracle Group, meeting still needs support, 12 recovering addicts in attendance
- ◆ 07/17/24 - Outreach attended the 7pm Wednesday Miracles of Change meeting, 28 recovering addicts in attendance
- ◆ 07/18/24 - Outreach attended the Thursday 6:30 pm We Do Have Hope Group of NA, 28 recovering addicts in attendance
- ◆ 07/20/24 - Outreach attended the 10am Saturday Promise of Freedom Group, the topic was about love out of the Journey Continues book, there about 26 recovery addicts in attendance
- ◆ 07/22/24 - Outreach attended the Monday 7:30pm Trenton Group of NA, step nine was read, 23 people recovering addicts in attendance
- ◆ 07/24/24 - Outreach attended the 7pm Wednesday Miracle of Change Monday Meeting, 32 recovering addicts were in attendance
- ◆ 07/25/24 - Outreach attended the Thursday 6:30pm We Do Have Hope Thursday Group of NA, there were about 41 recovering addicts in attendance
- ◆ 07/26/24 - Outreach attended Friday 8pm Trenton Lifeline Friday Group of NA, read from the Journey Continues Book, pg 87, Letting Ourselves Go, there were about 25 recovering addicts in attendance
- ◆ 07/27/24 - Outreach attended the Saturday 4pm A Spiritual Journey Women's Group of NA, read out of the Journey Continues Book on the Keys to Freedom, there were about 15 recovering addicts in attendance
- ◆ 07/28/24 - Outreach attended the Sunday 7pm Twilight Zone Meeting on the Just for Today Reading (Secrets & Intimacy), there were about 17 recovering addicts in the meeting
- ◆ 07/29/24 - Outreach attended the 7:30pm Monday Trenton Group of NA Mtg, 10 step read, there were about 18 recovering addicts in attendance

◆ 07/30/24 - Outreach attended the Tuesday 7pm Foundation of Hope Meeting in Hightstown, a member read out of the basic text (What is the NA Program) it was a hybrid meeting so I'm not sure how many recovering addicts attended

◆ 07/31/24 - Outreach attended the Wednesday 7pm Miracle of Change Group, read Step 1, there were about 30 recovering addicts in attendance

◆ 08/02/24 - Outreach went to the Peer Recovery Facility located at 3525 Quakerbridge Rd to speak with spokesperson to get permission to use a conference room every 1st Saturday of the month to hold the Outreach's monthly meeting there, our 1st business meeting will be held there on Saturday September 7, 2024 @noon, if you are interested please attend

◆ 08/02/24 - Outreach attended the 8pm Friday Lifeline Group of NA, read pg 91 out of the Journey Continues Book; topic: SEX, about 11 recovering addicts in attendance, group needs support

◆ 08/03/24 - Outreach attended Saturday 10am Promise of Freedom Group of NA

◆ 08/03/24 - Outreach attended the 4pm Saturday Spiritual Journey Women Group which was on the 8th step, there were about 14 recovering addicts in attendance

◆ 08/05/24 - Outreach members attended the Monday 7:30 Trenton Group of NA, step meeting, step eleven, there were 14 recovering addicts in attendance

◆ 08/06/24 - Outreach attended the 8pm Fresh Start Group, reading came out of the Journey Continue Book; Why We Stay page 19, there were 5 recovering addicts in attendance, group needs support

◆ 08/07/24 - Outreach attended the Wednesday 7pm Miracle of Change Group, while another outreach member attended the Wednesday 7:30pm It's All Write Group of NA, outreach is asking why is this group still up & running, on the Capital Area website but no longer on the capital area list that was printed in June 2024, I have spoken to our Capital Area Vice Chair and the GSR's home group considering this matter, they are looking to return to our area

08/06/24 - Outreach found out that the NA meetings that were being held at the Rescue Mission 505 Perry Street (Wednesday evening 5pm Who Is An Addict Group & the Saturday 2pm Freedom Ain't Free Group) for whatever reason has folded until further notice

Our outreach committee at the moment consists of a small group of NA members (Outreach Chair Phyllis M., Mike L., Steve C., & Ruth C. Lourie B.) who are willing to support struggling groups in our capital area, we will assist them in any way that we can as long as we are not violating NA Traditions, at the same time we will be trying to recruit & advocating for the need of more recovering addicts to join our quest

Respectfully submitted
Outreach Chair, Phyllis M

Interested in sharing your experience,
strength, and hope with the still sick and
suffering addict?

Join Capital Area H&I Subcommittee!

Join us

Every second Sunday of the month
Zoom 12pm
Zoom ID: 896 0432 7389 (no PW)

No clean time requirement to join!
90 days clean to serve on a panel
6 months clean to speak at a commitment

For more information or to be added to our email list, please contact:
Chairperson Kristen S. (609) 880-5036
Vice Chairperson Nickie Z. (570) 561-5061

For more info contact:
Elizabeth C. 609-533-9671
Jackie M. 609-306-8280
Raie KJ 609-496-6530

CADWALDER PARK
36 Parkside Avenue
Trenton, NJ
Under Pavilion

SUNDAY, SEPTEMBER 8TH
2pm to 6pm

COOKOUT FOOD AND MUSIC
FOOD WILL BE SOLD

DAYTIME PARTY

CAPITAL AREA ACTIVITIES
COMMITTEE PRESENTS

